

# OUR DOCTORS



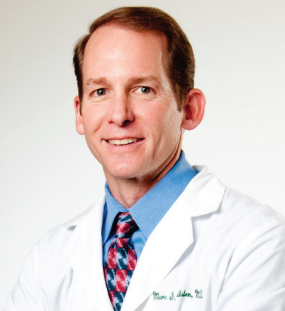
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# UROLOGIC SPECIALISTS

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# UROLOGIC SPECIALISTS

## INTRODUCING

The Advanced Prostate Cancer Institute  
At Urologic Specialists



When it comes to prostate cancer, no one should have to go it alone. The Advanced Prostate Cancer Institute at Urologic Specialists offers each patient their own team of caregivers working together to develop a course of treatment designed specifically for them.

## What Is Advanced Prostate Cancer?

Advanced prostate cancer differs from the more common localized prostate cancer because it occurs outside the prostate (metastatic) and does not respond to first-line hormone treatment (castrate-resistant). Advanced prostate cancer is most often a recurrence of prostate cancer. It occurs when prostate cancer cells break off and spread to other parts of the body like the bones, lymph nodes, liver or other organs.

In recent years, a variety of new treatments have been approved to treat advanced prostate cancer. While there is not yet a cure for the disease, these groundbreaking treatments can help control the cancer, reduce symptoms, improve and maintain quality of life and extend survival.

## Advanced Prostate Cancer Treatment Options Include:



- Surgery
- Hormone therapy
- Immunotherapy
- Oral medications
- Radiation therapy
- Chemotherapy
- Radiopharmaceuticals
- Clinical trial protocols

## What We Do

The first of its kind in the region, the Advanced Prostate Cancer Institute at Urologic Specialists is dedicated solely to men with advanced prostate cancer and their specific health care needs. A specialized team provides personalized cancer care while providing support for the patient and their family from the time of diagnosis through treatment and follow up.

## How It Works

When you are diagnosed with advanced prostate cancer, your primary urologist will refer you to one of their partners at the Advanced Prostate Cancer Institute within Urologic Specialists. Your primary urologist will continue to be available to you for treatment of other urologic issues.

Our prostate cancer nurse navigator will schedule a consultation for you with one of our four physicians who have additional training and experience in urologic oncology and are uniquely suited to helping patients with advanced prostate cancer. The doctor will review your health history and discuss the status of your prostate cancer as well as your various treatment options. Additional testing may be needed to determine your specific treatment options.

Our nurse navigator will be your primary point of contact. She is available to answer questions, provide support, work with your insurance provider, coordinate appointments, set up testing and more.

## NURSE NAVIGATOR



Donna Bowers, RN